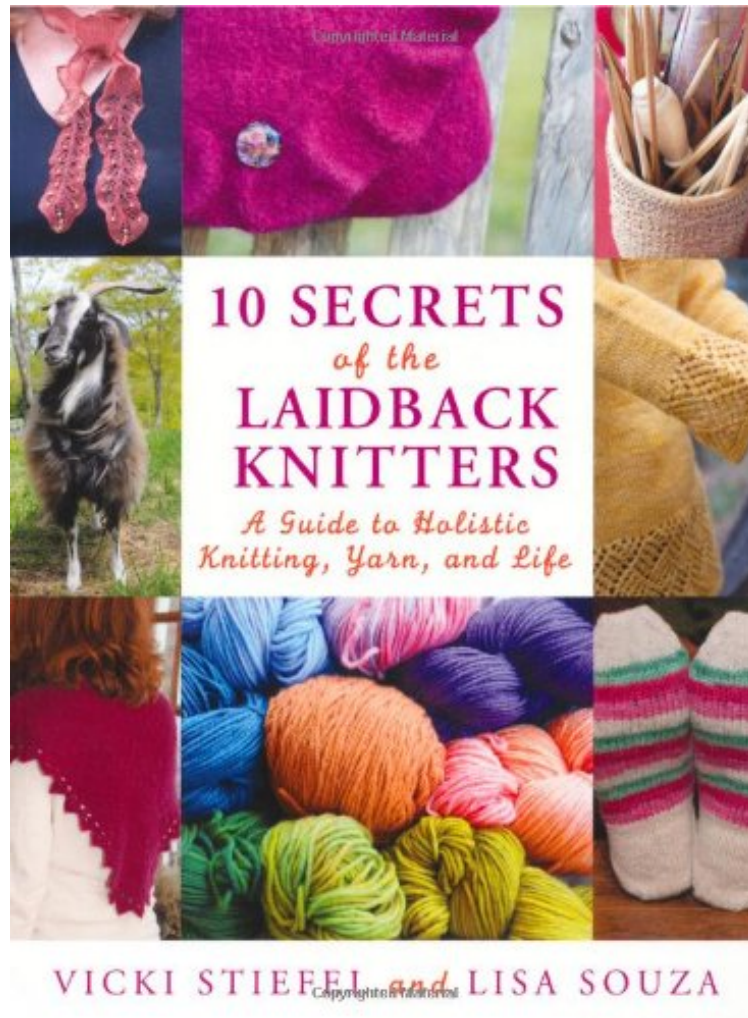


## 10 Secrets of the LaidBack Knitters: A Guide to Holistic Knitting, Yarn, and Life

*Vicki Stiefel, Lisa Souza*

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**Vicki Stiefel, Lisa Souza : 10 Secrets of the LaidBack Knitters: A Guide to Holistic Knitting, Yarn, and Life** before purchasing it in order to gage whether or not it would be worth my time, and all praised 10 Secrets of the LaidBack Knitters: A Guide to Holistic Knitting, Yarn, and Life:

11 of 11 people found the following review helpful. It's All About The StoriesBy CustomerI'm fortunate in that I work for a local yarn shop and have the privilege to listen to stories by women and men about knitting. Not everyone is so lucky, though. The stories in "10 Secrets of the Laidback Knitters: A Guide to Holistic Knitting, Yarn, and Life" provide the missing connection. Each story touches your heart. Each section has a fun project to knit. Each "secret" takes you on a journey of compassion and creativity.2 of 2 people found the following review helpful. Anecdotal

stories and cute and useful patterns abound. By Theresa D. Patterns classified as "rocking chair" and "dining room chair," etc. according to the level of attention you need to pay. I got this book from my local library 4 times before finally purchasing it. Anecdotal stories and cute and useful patterns abound. 3 of 3 people found the following review helpful. Patterns Not to my taste, Information so-so. By M. E. Black. I will not be keeping this book in my library. The author takes you to meet some interesting people, but basically the information is covered better in other books. Some of the patterns are cute, and some are innovative, but, in my mind, not well designed. An OK read, if that is all you are looking for, but in that case, I would opt for either something by the Yarn Harlot, Falick's KNITTING IN AMERICA, or something by Zimmerman.

10 Secrets of the Laid Back Knitters speaks to all levels of knitters who want to enhance and expand their knitting experience in joyful and substantive ways. With humor and insight, authors Vicki Stiefel and Lisa Souza illustrate how to become a laidback knitter--one who enjoys the process as much as the product. Join in and be inspired by the mix of people, patterns, and places in their knitting world; follow the steps they took; and discover the secrets that set them along this path. 10 Secrets contains a wealth of other valuable and fun information including profiles, websites and other resources the authors can't live without, information on fibers, spinning, and crochet, and much more! Additionally, an amazing collection of twenty-seven patterns--complete with instructions and charts--fills the book with elegant shawls, chic sweaters, and colorful scarves from a spectrum of designers, all beautifully photographed in full-color. This is a book that gives knitters permission to relax and have fun; to see that knitting can be as much about process as about the finished product, and know that the stitches they knit can express the inner joy they feel. The exciting patterns--aimed at knitters from beginners to experienced--complement the book's exuberant purpose and style.

Spoiler alert: Secret No. 1 is 'Find a wise woman.' We've found two--Stiefel and Souza.... [The] convivial dialogue is peppered with asides, profiles, a sock-knitting fable, advice and, of course, patterns.... [Stiefel and Souza] invite everyone to enjoy the easygoing conversation, blessedly free of either the perky cheerleading or snooty cliquishness that tends to put off knitters from real-life stitching circles. Yarn Market News. Find a wise woman. Discover slow knitting. And learn how a ball of yarn can envelop your soul. This is a book that will make every knitter feel more like a Zen master the next time they drop a stitch. Linda Cortright, publisher and editor of Wild Fibers magazine. Vicki and Lisa have condensed years of fiber experience into wise and witty lessons not just for fiber, but for life. If knitting has been there to soften the rough edges of life for you, this book will speak volumes. Shannon Okey, knitgrrl.com. I love the way Lisa and Vicki give knitters guidelines without making rules. That's the true mentoring of creativity! Lorna Miser, author of The Knitters Guide to Hand Dyed and Variegated Yarns and founder of Lorna's Laces Yarns. Vicki and Lisa give us all permission to relax, have fun and knit great things in the process. Hints and pithy advice pop up in every corner, like a lively conversation. Their well-crafted stories make me feel as if I am sitting with them both, knitting and sharing secrets. Norah Gaughan, design director of Berroco and author of Knitting Nature and Comfort Knitting and Crochet. About the Author. VICKI STIEFEL is a writer, photographer, and passionate knitter. She is a contributor to Wild Fibers magazine and teaches writing at Clark University. She has published four novels, Body Parts, The Dead Stone, The Bone Man, and The Grief Shop, which won the Daphne du Maurier prize for Best Mainstream Mystery in 2006. Her writing and photography has also appeared in New Woman, The Harvard Post, The Improper Bostonian, and other national and regional publications. Vicki formed her local knitting group called Cindy's Knitters, as well as the Laid Back Knitters group on Ravelry along with coauthor Lisa Souza. LISA SOUZA is an artisan dyer, colorist, handspinner, and creator of art-to-wear garments. Early in her career she and a partner started Knitwitz, where they knitted one-of-a-kind garments and traveled the craft-fair circuit. Lisa then branched off to begin her own company, Lisa Souza Knitwear, creating finished garments that were sold in boutiques around the country. Soon after that, she learned to spin and began hand-dyeing yarn. Lisa started to offer her hand-dyed fibers to other knitters through her website lisaknit.com in 1999 where she continues to sell her hand-dyed yarns, handspun luxury yarns, and hand-dyed roving. In 2007, after moving to rural California, Lisa opened a large showroom and workshop. Lisa regularly participates in yarn fairs and festivals around the country.