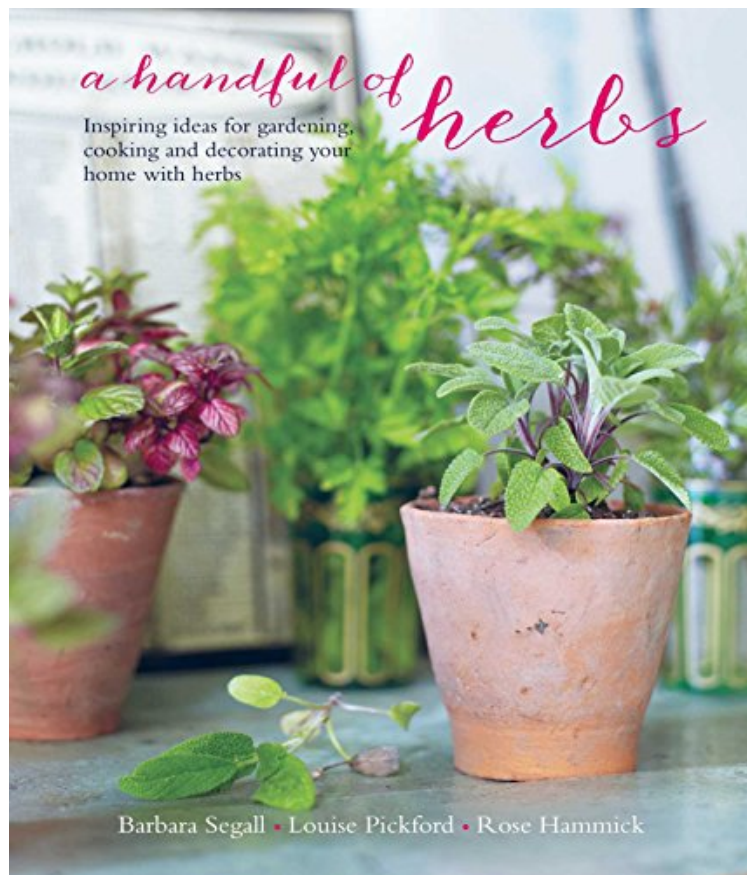


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## A Handful of Herbs: Inspiring ideas for gardening, cooking and decorating your home with herbs

Barbara Segall, Louise Pickford, Rose Hammick  
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**Barbara Segall, Louise Pickford, Rose Hammick : A Handful of Herbs: Inspiring ideas for gardening, cooking and decorating your home with herbs** before purchasing it in order to gage whether or not it would be worth my time, and all praised A Handful of Herbs: Inspiring ideas for gardening, cooking and decorating your home with herbs:

1 of 1 people found the following review helpful. So pleased with this book By Nan Karr So pleased with this book. The content touches on the various questions I had as I am just starting to grow my own herbs. The pictures are so beautiful and inspiring. So glad I bought this book!

A gloriously illustrated celebration of herbs in all their beauty and variety, featuring chapters on the top 20 'Super Herbs', Growing Herbs, Living with Herbs, Cooking with Herbs and a A-Z of Herbs. Herbs have been valued for thousands of years for their aromatic, health-giving, and culinary qualities. Today they are also loved as attractive additions to a garden, as a sweet-smelling form of decoration in the home, and for their soothing and therapeutic

effects. *A Handful of Herbs* celebrates herbs in all their beauty and variety, opening with profiles of the 20 most popular varieties, including basil, lavender, rosemary, and thyme. Distinctive features of each herb are described, and the profiles explain how to grow healthy and productive plants, as well as summarizing their culinary and curative uses. *Growing Herbs* is then explored in detail, with essential advice about cultivation in beds, borders and containers. There are imaginative ideas for using herbs as ground cover, as hedges and in the vegetable garden. *Living with Herbs* presents creative ideas for making the most of herbs in every room in the home as part of a table setting, as an invigorating potpourri in a hallway or as a focal point on a kitchen windowsill. There are recipes for simple beauty and therapeutic treatments using herbs. The book also offers 35 recipes for cooking with herbs, covering everything from snacks to sweet things, and includes infused oils, herb butters and refreshing herbal drinks. There is an AZ of 75 common herbs, summarizing essential information about each plants character, cultivation and growing habits, and the book concludes with an indispensable directory of suppliers.

About the Author Barbara Segall is a Fellow of the Chartered Institute of Horticulture and editor of its magazine, *The Horticulturist*. She is also the editor of *Herbs* magazine, published by the Herb Society. She writes about herbs for Richard Jacksons Garden website ([www.richardjacksonsgarden.co.uk](http://www.richardjacksonsgarden.co.uk)), and is a member of the RHS Herb Advisory Group. Her work has appeared in popular publications such as *The Garden* and *Garden News* and for several years she blogged about her town garden for Hozelock. She has her own blog *The Garden Post* ([www.thegardenpost.com](http://www.thegardenpost.com)) and is the author of 13 books, 4 of which are on herbs. Barbara is a member of the Garden Media Guild, editing its publication *Garden Media Guild News*. Louise Pickford is a sought-after food writer and stylist with over 20 years experience. She is the author of 15 books published worldwide and is a contributor to numerous magazines. Having been based in Sydney, Australia for the past decade, she has now relocated to Brie in France. Rose Hammick is a photography stylist whose work can be seen in magazines such as *Country Homes Interiors* and *Homes Gardens*. She has contributed to several books, including *Childrens Parties*, *Vintage Fabric Style* and *Christmas Inspirations* (all Ryland Peters Small).