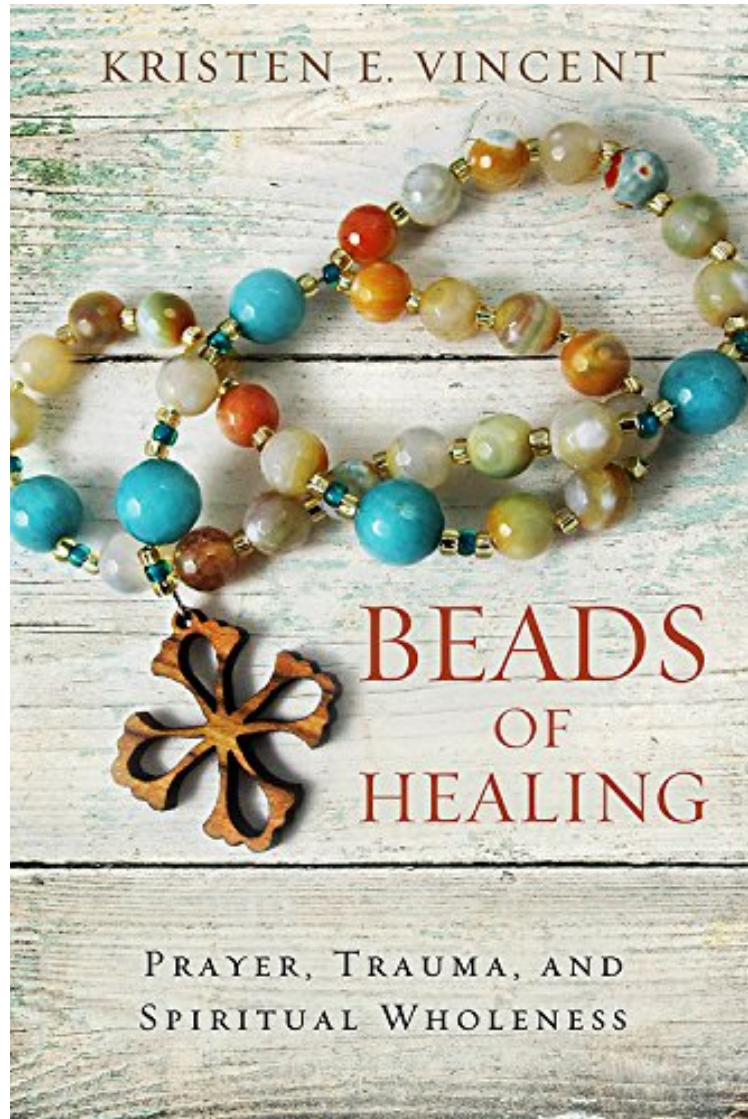


(Download pdf ebook) Beads of Healing: Prayer, Trauma, and Spiritual Wholeness

Beads of Healing: Prayer, Trauma, and Spiritual Wholeness

Kristen E Vincent

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#42658 in Books Vincent Kristen E 2017-03-01 Original language: English 8.90 x .20 x 5.90l, .0 #File Name: 0835816354144 pages Beads of Healing Prayer Trauma and Spiritual Wholeness | File size: 26.Mb

Kristen E Vincent : Beads of Healing: Prayer, Trauma, and Spiritual Wholeness before purchasing it in order to gage whether or not it would be worth my time, and all praised Beads of Healing: Prayer, Trauma, and Spiritual Wholeness:

0 of 0 people found the following review helpful. Four StarsBy ARPI like all. Her books0 of 0 people found the following review helpful. Five StarsBy Grace Leightongood book0 of 0 people found the following review helpful. A courageous woman's journey of healingBy BJJThis is an extremely well written and moving book about one woman's journey of healing after sexual trauma as a child.

Healing from trauma begins with telling your story. Many trauma survivors carry deep wounds, such as fear, shame, grief, and anger. Even if they have had years of counseling and have healed from physical and emotional pain, they still may hold spiritual wounds. They may think of their trauma as God's abandonment. Some may wonder how they can ever trust a God who allowed something so awful to happen to them. Kristen Vincent shares her personal story of childhood trauma. She tells how, over 35 years later, she encountered God as never before and found healing and peace--through prayer, scripture reading, sharing with others she trusted, and reflection. In *Beads of Healing* Vincent offers ideas for readers to use prayer beads as a safe way to enter conversations with God, talk honestly with their Creator, and open themselves to God's healing love. Vincent's powerful story of healing extends hope to all trauma survivors, as well as those who have experienced loss, hurt, or other spiritual wounds. This book will also serve as a valuable resource for pastors, counselors, and others seeking to provide support for those who have experienced trauma. Includes a Leader's Guide with an outline for a 16-week study, links to instructions for making prayer beads, and a guide to using prayer beads. BEADS NOT INCLUDED.

Beads of Healing is a wonderful resource for survivors of trauma. Kristen Vincent skillfully weaves personal narrative, scripture, and guided prayer experiences with beads into a beautiful invitation to healing. A survivor herself, the author gently draws readers toward the healing practices of silence, solitude, and other classical spiritual disciplines. I highly recommend this book for anyone who companions survivors of trauma through ministries of spiritual formation. -- Elaine A. Heath, Dean, Duke Divinity School
Beads of Healing is an honest, heartfelt telling of God's divine healing and abundant love that are available all of us. Vincent's voice is stronger than ever as she shares her truth and offers practical guidance for using prayer beads in the path to wholeness, gratitude, and peace. This book is for trauma survivors, prayer warriors, and anyone interested in speaking truth, healing wounds, and experiencing God's love. -- Reba Riley, Author of *Post-Traumatic Church Syndrome*
This is a lovely book about the use of prayer beads. Often, when we find ourselves truly hurting, we are almost in too much pain to know how to pray for ourselves, especially for long-term injuries. Kristen Vincent, from her own experience of prayer and healing, offers a truly useful guide to the reader, useful in the same way as talking with a wise and nonjudgmental friend. I recommend this book to anyone in need of such help. --Robert Bondi, Professor Emerita, Candler School of Theology, Emory University
About the Author
Kristen E. Vincent is owner and principal artisan of Prayerworks Studio, which specializes in making handcrafted prayer beads and other prayer tools. She speaks widely on prayer and prayer beads and enjoys leading retreats. A freelance writer, Vincent blogs about prayer and prayer beads at prayerworksstudio.com. She holds a Master of Theological Studies from Duke Divinity School and a bachelor's degree in religion from Trinity University. Vincent, a native Texan, lives in Georgia with her husband, Max, a United Methodist minister, and their son, Matthew. She loves dark chocolate, the Texas Hill Country, stories about the early church, and working from home in her pajamas.