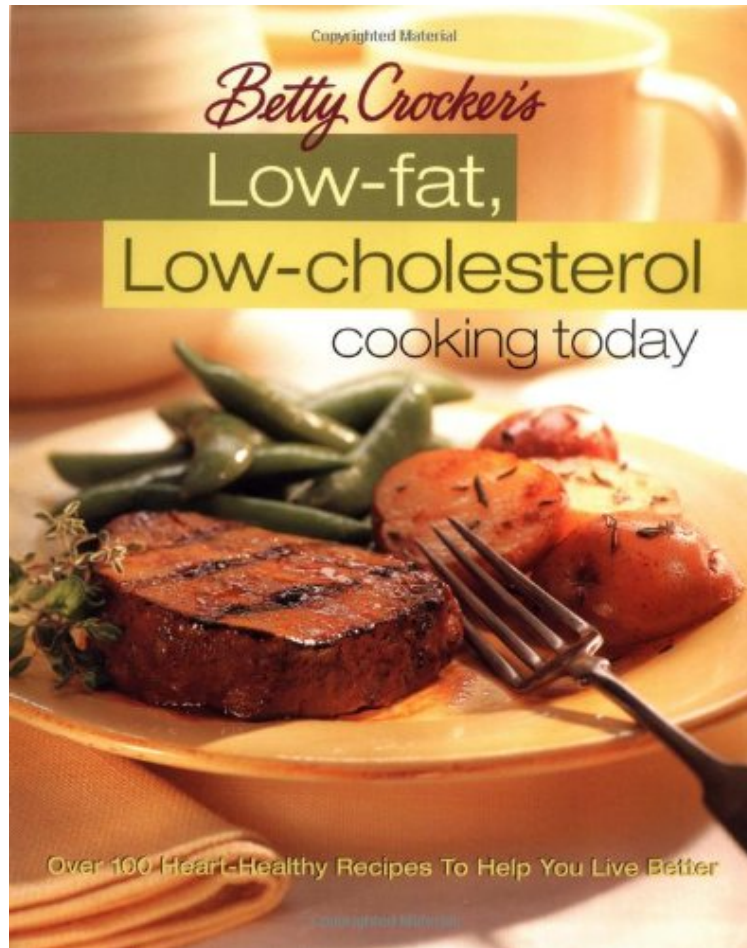


(Mobile library) Betty Crocker's Low-Fat, Low-Cholesterol Cooking Today (Betty Crocker Cooking)

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Betty Crocker : Betty Crocker's Low-Fat, Low-Cholesterol Cooking Today (Betty Crocker Cooking) before purchasing it in order to gage whether or not it would be worth my time, and all praised Betty Crocker's Low-Fat, Low-Cholesterol Cooking Today (Betty Crocker Cooking):

Everyone's favorite cooking expert Betty Crocker has completely revised and updated the perennial favorite, Betty Crocker's Low-Fat, Low-Cholesterol Cooking Today, with updated information about fat and cholesterol, and lots of easy-to-understand tips for establishing a healthy eating lifestyle. But with Betty Crocker it can't only be easy--it has to be delicious. And true-to-form, 120 recipes prove that healthful eating can also be enjoyed by the whole family. With

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