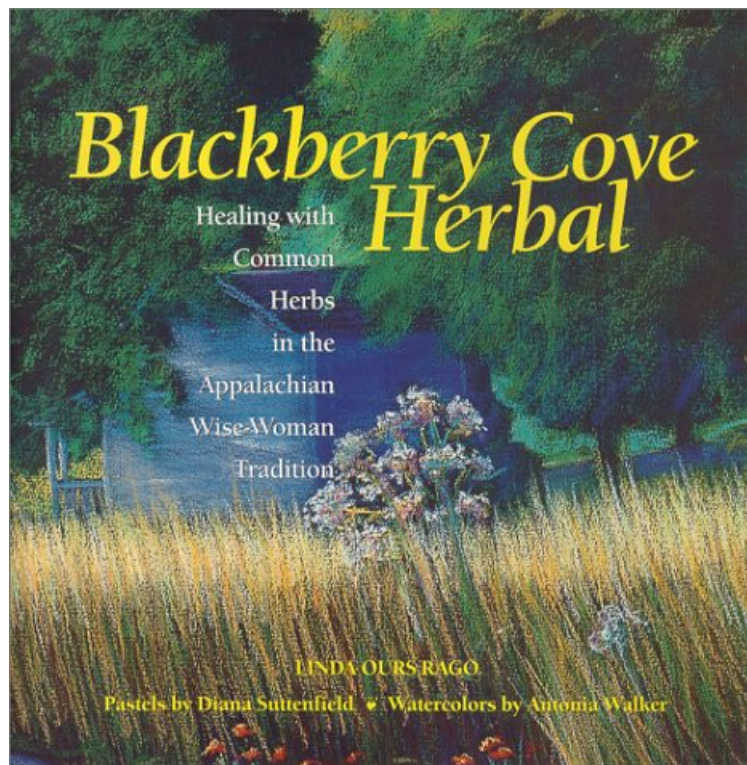


(Online library) Blackberry Cove Herbal: Healing With Common Herbs in the Appalachian Wise-Woman Tradition

Blackberry Cove Herbal: Healing With Common Herbs in the Appalachian Wise-Woman Tradition

Linda Ours Rago

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Linda Ours Rago : Blackberry Cove Herbal: Healing With Common Herbs in the Appalachian Wise-Woman Tradition before purchasing it in order to gauge whether or not it would be worth my time, and all praised Blackberry Cove Herbal: Healing With Common Herbs in the Appalachian Wise-Woman Tradition:

0 of 1 people found the following review helpful. Blackberry Cove Herbal By Janet L. Buhaly Interesting for the prose. Does have a purpose for the information presented. 4 of 4 people found the following review helpful. Absolutely Wonderful! By A Customer Initially, I bought Blackberry Cove Herbal as a wedding shower gift for my sister, but after looking through the book, I ended up keeping it for myself and buying her another copy. What a lovely book! The illustrations are beautiful, especially the paintings by Toni Walker. I am not someone who uses herbs or is terribly interested in that whole lifestyle, but this book is a wonderful story and reference tool. 4 of 4 people found the following review helpful. Makes me homesick! By A Customer This beautiful book is bursting with information and wonderful word pictures. I would read it without the info about herbs just for the trip back to the Appalachian mountains I love and miss. However, the information is very interesting and helpful to anyone who wants to make use of the "everyday" plants that are around us. Great book!

In Blackberry Cove the herbs are wild and free to spring up wherever the wind carries their seed. This herbal guide to Blackberry Cove has organised herbal lore and wisdom on the area into months and seasons with brief essays on the wild and common herbs a wanderer might discover on a walk during that time of year. Each month is introduced by an essay evoking the weather and nature with a legend or two woven into the reality of life in the Eastern mountains of America. The description of the herbs also includes their natural habits and healing qualities, sometimes a recipe for a traditional remedy, lotion or ointment and often a sauce, jelly, vinegar or tea.

From Library Journal This is a lyrical monthly almanac of Appalachian medicinal plants and the traditional lore associated with them. Rago, a self-taught ethnobotanist and the author of *The Herbal Almanac*, has gathered the folk cures, superstitions, and traditions that surround each featured plant, along with some traditional recipes. For example, the reader learns that "honeysuckle in the house will bring a wedding in the family within the year." Although not recommended for clinical use, this herbal adds to our knowledge of folk and traditional plant uses in one area of the Appalachian Mountains. Recommended for large public libraries and botanical and regional collections. D Mary A. Stout, Pima Community Coll. Lib., Tucson, AZ Copyright 2000 Reed Business Information, Inc. "Lyrical . . . adds to our knowledge of folk and traditional plant uses . . ." -- Library Journal, May 15, 2000 "This is a book that you could curl up with and read as easily as a novel." -- The American Herb Association Newsletter, 2003 About the Author Linda Ours Rago has a unique window into the vanishing traditional Appalachian culture with its reliance on herbal healing. She has heard the herbal lore of three generations of women in her own family and during her twenty-five year career as an herbalist, author and teacher has shared herbal wisdom with hundred of other women. She lives in Harper's Ferry, West Virginia.