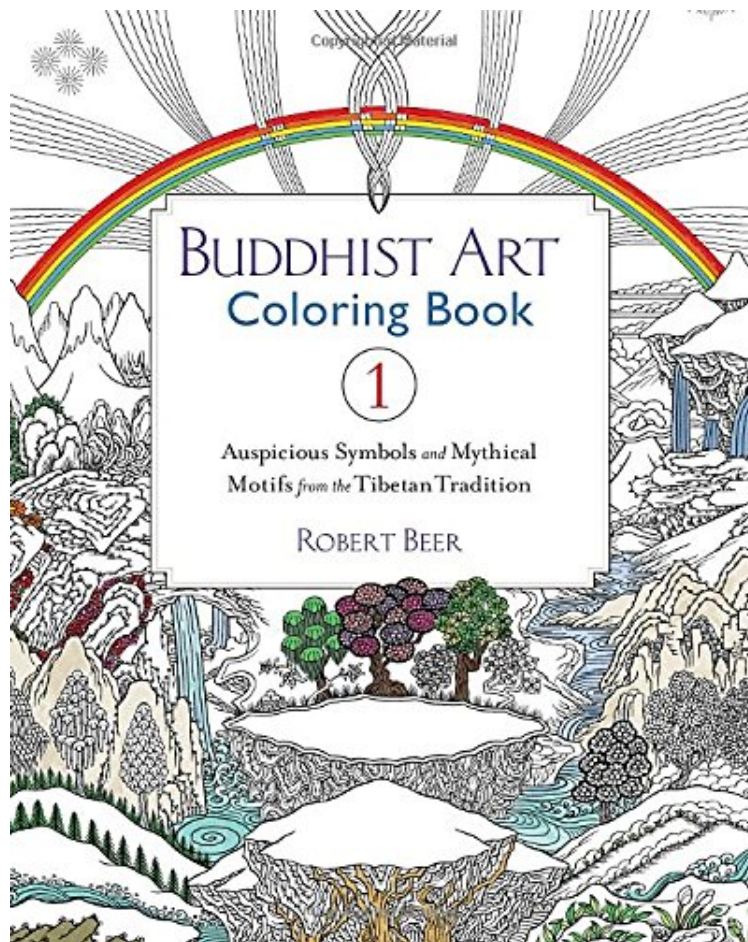


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# Buddhist Art Coloring Book 1: Auspicious Symbols and Mythical Motifs from the Tibetan Tradition

Robert Beer

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**Robert Beer : Buddhist Art Coloring Book 1: Auspicious Symbols and Mythical Motifs from the Tibetan Tradition** before purchasing it in order to gage whether or not it would be worth my time, and all praised Buddhist Art Coloring Book 1: Auspicious Symbols and Mythical Motifs from the Tibetan Tradition:

3 of 3 people found the following review helpful. Wonderful imagery and patterns. By L Edwards I've owned Beer's encyclopedia for years and love his work, and was excited to be able to just work on watercolor painting using his outlines. The paper I would guess is about 65-80 lb paper that's semi-glossy, so it can hold up to light watercoloring but it's definitely not heavy watercolor paper. I don't know how it would hold up to heavy markers or other inks. So one star off. But otherwise, fantastic imagery and I like the concise explanations at the end. Thanks Mr. Beer for making these available. 0 of 0 people found the following review helpful. An Exquisite Book By Patricia This is Book 1

of a two-book presentation. The illustrations in this book are breathtaking. The paper is very high quality, and the images are only printed on one side of the paper, so there is no "bleed through". There is also a detailed explanation at the back of the book about each symbol and illustration. As a Buddhist and an "adult colorer", this book is the end-all and be-all. I'll be ordering Book 2, as well. 0 of 0 people found the following review helpful. Five Stars By Mrs. BSKBeautiful

Connect with the sacred art of Buddhism through the creative act of coloring. Buddhist art is rich with symbolism and meaning. Taking the time to color and interact with these symbols and motifs is a simple yet profound way to practice mindfulness and move closer to a greater awareness of one's own essential nature. The drawings here are all meticulously painted by hand with a small sable brush, relate to the state of being completely awakened and evoke a deep sense of calm and stillness. A concise description of each drawing unravels the many layers of meaning contained within this sacred art, inviting a deeper connection with these drawings.

From the Author Robert Beer first began to study and practice Tibetan art and thangka painting in India 1970, and was one of the first westerners to become actively involved in this field. He is the author and illustrator of *The Encyclopedia of Tibetan Symbols and Motifs* and *The Handbook of Tibetan Buddhist Symbols*. His drawings have appeared in hundreds of Buddhist-related books and websites, and he lives in Oxford, England. About the Author ROBERT BEER has studied and practiced Tibetan thangka painting for over thirty years, including five years of study with master artists Jampa of Dharamsala and Khamtrul Rinpoche.